

Community Connection

New Officers:

President
Barbara Tolbert
Fly-In

Vice-President
Penny Peeters
Penway Printing & Design

Secretary
Kay Duskin

Treasurer
Gloria Chase
Cascade Valley Hospital

Members at large:
Virginia Collins
Annie Dempsey
Eric Henning, MD
Susan Jones
Yolanda Larsen

Hospital Commissioner
Steve Peterson

Hospital Representative:
Heather Logan
Cascade Valley Hospital

*Cascade Valley Hospital Foundation
is a 501(c)3 # 91-1912269
non-profit organization funded
by charitable contributions
and memorial funds.*

(360) 618-7850

Fax: (360) 618-7661

330 Stillaguamish Avenue

Arlington, WA 98223

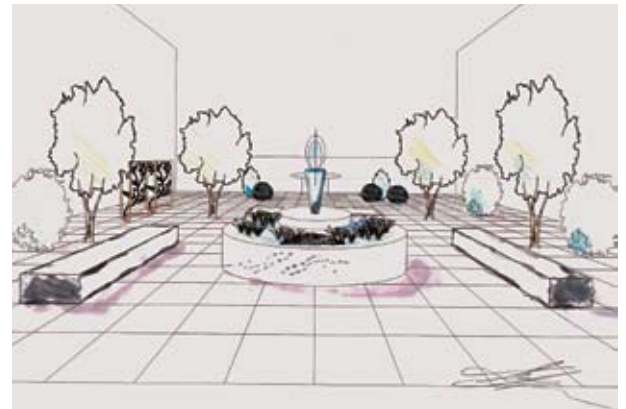
www.cascadevalley.org

Public Hospital District #3
Snohomish County

New Roof Garden

Tranquility for the Soul

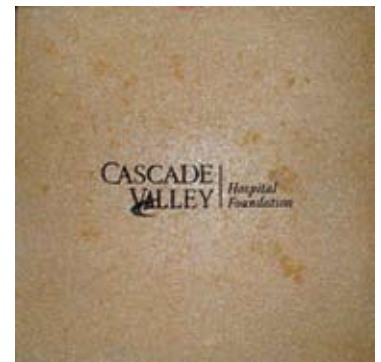
Sheri Aspen, principal of SLJ Designs, has donated her services to the Foundation to help the Foundation with our roof garden project. Sheri is a designer and horticulturist who specializes in landscape and garden design, as well as landscape and garden makeovers and renovations. She also deals in custom water features, hardscape elements (benches, tables, trellis, etc.) and low voltage landscape lighting. Sheri founded her company in 2005 and has worked extensively in Arlington and north Snohomish County. She has presented drawings, base plant material lists, pot styling, screening and water feature as well as a cost estimate for the project. We thank her for the many hours she has devoted to our project.



Celebrate, Memorialize, or Recognize

The Cascade Valley Hospital Foundation is offering a 16 x 16 inch floor tile you may personalize with up to 3 lines, 14 spaces per line for \$100. *This provides a loving and meaningful way to celebrate a birth, remember a love one or recognize someone important in your life.* We are also offering a custom floor tile, for \$1000, with an engraved logo (see example at right) for our corporate/business contributors to show their generosity in supporting the beautiful 'Roof Garden' in our new expansion of the Hospital.

Due to the building schedule and the contractor allowing us to replace tiles with engraved ones by Graphic Blastworks, the timeline for ordering has been extended. See inside this newsletter for information on purchasing one of these personalized tiles that will help in creating a wonderful, healing environment for all to enjoy.



*Roof Tile 16 x 16 inches.
To be assured of having your
tile in place when our new
building is opened please
submit form by July 31, 2009.*

Asian Water Bell Fountain — Roof Garden Addition

An Asian water bell fountain and cherry blossom screens are the key features of the Asian themed roof garden currently being developed by the Foundation under the direction of designer and horticulturist Sheri Aspen of SLJ Designs.

Tom Mattausch from Flow Motion is designing a blown glass water bell fountain which will be featured in the center of the garden. In February he brought a prototype of the fountain for the Foundation to view and we were impressed with both the visual impact and the sounds of water on the glass and approved his design concept.

The cherry blossom screens will be used in the area of the garden in front of patient rooms and will feature custom design and fabrication which will still allow light into adjacent patient rooms. Seasonal color plantings will also be used in selected areas of the garden.

"Making a Difference" Floor Tile Purchase Form

Purchaser: _____

Business: _____

Address: _____ City: _____ St: _____ Zip: _____

Phone: _____ Email: _____

\$100 Individual Purchase

Engraving Text up to 3 lines/14 spaces per line: (we reserve the right to edit text)

\$1000 Corporate/Business Purchase

*Logo specifications: Email your logo in .jpg format to kellp@cascadevalley.org

This Information is Confidential. Payment Info: Cash, Check made out to CVHF, Credit Card

Type of Card: Visa / Mastercard

Credit Card Holder's Name: _____

Credit Card Number: _____

Exp. Date: _____ V-Code: _____ Total: \$ _____

Signature: _____

Please mail your completed form with payment by July 31, 2009 to ensure your spot by the opening of our new expansion:

CVH Foundation, 330 S. Stillaguamish Ave • Arlington, WA 98223

We are a 501(c) 3 non-profit organization #91-1912269

Art Donations.....

Recently received three pieces of art donated to the Foundation for display in the new wing of the hospital. Valued at over \$3800, the art represents a variety of mediums. We thank the artists for their generous donations.

Their works are:

- "Confetti" by Coleen Allen. This is an acrylic on canvas painting donated by the Arlington Arts Council.
- "Birdwatch Ill-Poppy" is a gift from artist Kathryn Glowen.
- "The Promise" a ceramic urn gifted from Yonnah Ben Levy.



Thank You

On behalf of the Board of Commissioners and myself, I reluctantly accept the resignation of Karin Stoltz from the Cascade Valley Hospital Foundation. We thank her for her years of service to the hospital and community. Karin served a number of years as the Foundation treasurer and more recently as the Foundation president. She was instrumental in helping provide leadership during a period of the foundation's transition, reorganization and renewal. We will truly miss her.

Clark Jones, CEO

Please become part of 'Our Membership' supporting our work in helping advance quality health care in our community.

Yes, I/we would like to support "The Community Connection" by becoming a member of the CVH Foundation.

Name: _____

Address: _____

Phone Number: _____

E-mail: _____

Business Contact: _____

Please fill out form, make checks payable to CVH Foundation for \$25 for a one year membership and a mailed subscription of our newsletter, send to: 330 S. Stillaquamish Ave. • Arlington, WA 98223

Cascade Valley Foundation

Semi-Annual Project Funds Awarded

The Foundation recently awarded over \$30,000 to seven different projects.

Semi-annually the Foundation puts out a call for requests for funding and selects those projects which most closely benefit three areas –1) staff assistance that would provide better patient care; 2) direct patient care and 3) community benefit. Projects receiving funding in this round are:

1. Patient controlled analgesia pump.

Requested by Labor & Delivery and Anesthesia, this will allow labor patients to medicate themselves resulting in immediate pain relief.

2. A 800 MHz North County programmable scanner.

SNOPAC has terminated the use of VHF radios and so our Emergency Department must use this new technology to track incoming units being dispatched. Purchasing the scanner will allow timely preparation for incoming patients.

3. Bariatric Furniture.

Bariatric furniture is designed for individuals weighing more than 350 pounds. The grant allows the hospital to purchase

a bariatric stretcher, wheelchair and a shower/com-mode chair.

4. Phototherapy lights for newborns with excess bilirubin levels.

Update our technology.

5. Visitor's beverage service.

Allows the purchase of 3 pump pots and a cart for tea and coffee which volunteers would then serve to waiting families and patients.

5. Patient comfort kits.

500 bags including patient care items – bookmark, hairbrush, mirror, toothbrush, toothpaste, body lotion, lip balm, breath spray and hand cleaner. Bags are intended for admitted patients and outpatient surgery patients.

6. Hire Hertlein Grant Writing.

To maximize Foundation funds, the board is hiring Hertlein to research grant sources, draft all grant proposals and submit. Robin Hertlein is a certified grant writer who has successfully written grants for Whidbey General Hospital.

A Meaningful Life

Doing all the good you can,
by all the means you can,
in all the ways you can,
in all the places you can,
in all the times you can,
to all the people you can,
as long as you ever can.

Author Unknown

Memorial Gifts

Each year, individuals, businesses and organizations in our community faithfully support Cascade Valley Hospital Foundation through generous donations. These private contributions often make it possible for us to purchase equipment and support services with a focus on patient care and comfort.

Our community is growing and we are growing with it, as we update our facilities, buy more equipment, and fund vital services. Your gift to Foundation will go far to support these efforts.

Please contact our hospital representative Heather Logan at 360.618.7850.